

COME HIT THE TRAILS WITH US THIS SUMMER FOR  
**THE GREAT ADVENTURE**

NORTH HEIGHTS  
2011 SUMMER GUIDE  
FOR KIDS



**ROSEVILLE CAMPUS**

2701 Rice Street, Roseville 55113

**ARDEN HILLS CAMPUS**

1700 West Highway 96, Arden Hills 55112

Children@NHLC.org | 651-797-7822



Avoid the Stampede ...  
Sign Up Today!

# HOWDY, PARDNER! Saddle up your horses and come join us for some great adventures!

**F**rom pannin' for gold to cookin' up a plate of home-cooked viddles, this guide will tell you about many safe, affordable, and meaningful adventures for young whippersnappers!

**TO HELP YOU GET STARTED ON SOME AMAZING-JOURNEYS, HERE ARE THE ANSWERS TO SOME FREQUENTLY ASKED QUESTIONS:**

**HOW DO I REGISTER?** Registration forms for VBS, Camps, and Summer Sunday School are tucked in this guide or are available by contacting us (see information below). Printable registration forms are also available on the Children's pages at [NHLC.org](http://NHLC.org). You will need to register for almost everything listed in this guide.

**WHEN SHOULD I REGISTER?** Immediately. Some of our summer opportunities have limited spots available. Please check the registration dates and get your completed forms in early to take advantage of the "early bird pricing."

**WHAT IF I DON'T ATTEND NORTH HEIGHTS?** Please come and join in on the fun! If you are a part of North Heights, please be sure to invite your friends, neighbors, relatives, etc.

**WHAT IF MY FAMILY CANNOT AFFORD THE REGISTRATION FEE?** We try our best to make our programs affordable for families and still provide quality, so our programs are all subsidized to reduce the costs involved. We do not want anyone to be turned away from our programs, especially because of financial reasons. Limited scholarship money is available. Please contact the Children's Ministries office for an application.

## **HOW CAN I HELP TO MAKE THESE PROGRAMS AVAILABLE FOR CHILDREN?**

(For North Heights members and regular attendees). Volunteer! There are hundreds of ways you can serve—serving snacks, decorating, checking in kids, teaching, leading crafts, etc. Please contact us to find out how you can help! (See contact information below).

## **WHAT IF I HAVE FURTHER QUESTIONS?**

Email [Children@NHLC.org](mailto:Children@NHLC.org) or call the Children's Ministries Office at 651-797-7822. If you have questions about Vacation Bible School, contact [Anita.Otto@NHLC.org](mailto:Anita.Otto@NHLC.org) or call 651-797-7855.



North Heights  
Children's Ministries

Bounce . Leap . Hop . Jump . Climb . Fly  
...to Great Heights with God!



# VACATION BIBLE SCHOOL

MONDAY-FRIDAY, JUNE 20-24

9 a.m.-noon

Arden Hills Campus

Age 3-Grade 5 (just completed)

Cost: \$20/child or \$60/family by June 12

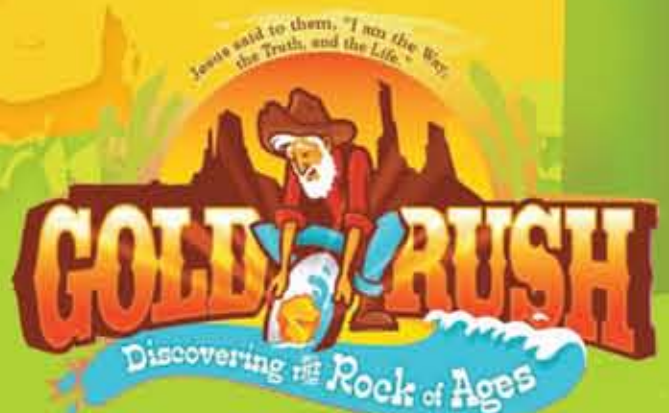
\$30/child or \$75/family after June 12

**CHECK IT OUT:** The Bible is NOT just a book of dusty stories. It's God's Word, real, meaningful, alive—it connects to every part of our lives. It's a GOLD MINE!

So head out West with us for the GOLD RUSH and discover true treasure.

During this action-packed week you will learn how to answer the question Jesus asks: Who do you say that I am?

Note: Students who just completed sixth grade can register at no cost to participate in a mentorship program. At the beginning of each day, they will take part in "basic training" as a group and then they will be mentored in various VBS volunteer opportunities.



# SUMMER SUNDAYS

SUNDAYS, JUNE 5, 12, 19, 26, JULY 10, 17, 24, 31

## SHAKE IT UP CAFÉ

WHERE KIDS CARRY OUT GOD'S RECIPE

Arden Hills and Roseville during the worship services.  
For specific time information, go to [NHLC.org/summer](http://NHLC.org/summer).

Bonjour! Join us this summer when the Treehouse turns into a café! Kids will explore the Bible as a cookbook filled with recipes for living out God's word. Through interactive edible lessons (yum!) boys and girls will celebrate Biblical festivals that tantalize their taste buds for being a follower of God. "Taste and see that the LORD is good!" Psalm 34:8. Bon appetit!

Age 2-3 begin the hour in the classroom

Age 4-grade 5 begin with their families in the worship service and then are dismissed to the Shake it Up Café.

*Note: Childcare is available on July 3 for 2-3 year olds in Arden Hills S184 and the Roseville Nursery.*



# SUMMER CAMPS & EVENTS

## REDEMPTION

Monday–Thursday, June 13–16  
1–4:00 p.m.

Arden Hills Great Hall  
\$23 by June 5, \$28 after June 5  
Completed grade 3 & older

An excellent opportunity to learn the Bible while playing a collectable card game. We start with the basics and end with a tournament. Kids receive many cards and have an opportunity to win prizes through Bible quizzes and memory verses. Bill Voigt, Camp Director, has worked in education for 25 years. He enjoys teaching kids Redemption because of the Biblical knowledge they gain and the problem solving skills they learn. *The National Redemption Tournament will be held at North Heights Aug. 11–13.*

## THINGS THAT FLY

Tuesday–Thursday, June 14–16  
9–11:30 a.m.

Roseville Campus  
\$25 by June 5, \$30 after June 5  
Completed grades 4–6. Limit 15 campers.

Build and launch rockets, airplanes, and kites while learning what it means to follow Jesus daily. Steve Pheneger, Camp Director, has volunteered with Children’s Ministries for almost 30 years. He has had a passion for this class since his teen years and now enjoys sharing it with others.

## TOTAL FUTEBOL SOCCER.

Wednesday–Friday, July 6–8  
9:30 a.m.–12:00 p.m.

Roseville Field  
\$23 by June 26, \$28 after June 26  
Ages 7–10

The focus is on developing soccer skills and the application in a fun game-like environment. Each day will end with “World Cup” games. Greg Wheaton, Camp Director, is the head Men’s Soccer Coach at Northwestern College. He is a former professional player from Brazil and is the owner of International Soccer School of Excellence.

## ART: PUPPET PRODUCTIONS

Monday–Thursday, July 11–14  
9:30–11:00 a.m.

Roseville Room 119  
\$20 by June 26, \$25 after June 26  
Ages 4–7. Limit 20 campers

Create puppets from felt, paper bags, socks, and sticks, and then plan scripts, backdrops, and props for a “performance” that will take place on Thursday. Beth Wood, Camp Director, is the former art teacher at Concordia Academy and currently serves as the North Heights Roseville Early Childhood Coordinator.

## CENTERSHOT ARCHERY

Tuesdays & Fridays, July 12–August 2  
(7 sessions)

9:30–11:00 a.m.  
Arden Hills Door C  
\$28 by June 26, \$35 after June 26  
Age 8 & older. Limit 21 campers

Kids learn and develop archery skills as well as skills for their life-long spiritual journey. Parents are encouraged to stay during sessions. Ron Broz, Archery Camp Director, feels blessed to share his love for archery with young people – and to help them make Christ the target of their lives!

## PARENT-CHILD EDU-KITCHEN

Tuesday, July 12  
5:30–8:30 p.m.

Arden Hills Kitchen  
\$20 per parent/child or \$10 per person by June 26  
\$25 per parent/child or \$12.50 per person after June 26  
Completed grade 2 and older. Limit 24 adults & children

Life tastes good and the Edu-Kitchen team wants to show kids the excitement of the kitchen and the great food that they can make, as well as teach them important culinary skills. This hands-on class for children will give them the confidence to cook and the reward of a great meal. Brian Bergstrom, Camp Director, is a professionally trained chef. He and his team oversee the foodservice at North Heights. He loves to share his love of cooking with kids and enjoys the rewards of a well-cooked meal!

## RED CROSS BABYSITTING

Wednesday–Thursday, July 13–14  
8:45 a.m.–12:30 p.m.

Arden Hills Room S174  
\$76 by June 26, \$83 after June 26  
No registrations accepted after July 6.

Ages 11–15 only (must be 11 years old by July 13—no exceptions).  
Limit 24 campers

The National Babysitter’s Training Certification course prepares youth ages 11–15 to safely and responsibly care for themselves and/or other children in the absence of parents or guardians. Youth will learn important skills in four core areas: leadership and professionalism, safety and safe play, basic care for infants and children, and first aid. Course fee includes *The Babysitter’s Handbook*. Led by Red Cross instructor.

## ART: KITES, PENNANTS, AND FLYING SAUCERS

Monday–Thursday, July 18–21  
9:30–11:30 a.m.

Roseville Room 119  
\$20 by July 10, \$25 after July 10  
Ages 8–11. Limit 20 campers.

The theme is: Art that moves! Create kites, pennants, and flying saucers. After adding original artistic decorations to each one we’ll take them outside and watch them fly! A fun way to create your own toys!

Beth Wood, Camp Director (Beth’s background: See Puppet Productions)

## CULINARY CAMP: TOP CHEF ALL STARS!

Tuesday, July 19  
4:–7:30 p.m. (Dinner begins at 6:00 p.m.)

Arden Hills Kitchen and Great Hall South  
\$25 per child and one adult dinner (\$10 per additional dinner guests/\$7 age six and under), by July 10  
After July 10, \$30 per child/one adult. (\$12 per additional dinner guests/\$8 age six and under)

Completed Grade 3 and older. Limit 15 campers.  
Much like the popular television show, children become the chefs and do all aspects of meal preparation leading up to serving a five course dinner in the Great Hall for their own family and friends. This fast paced, energetic class will give the kids confidence in the kitchen and the opportunity to experience how a real restaurant works.

Brian Bergstrom, Camp Director (Brian’s background: See Edu-Kitchen)

## “ARTS ON FIRE” WORSHIP

Monday–Thursday, August 8–11  
9:00 a.m.–12:00 p.m.

Arden Hills Campus  
\$20 by July 31, \$25 after July 31  
Completed grades 3–11

Whether you’re a musician, artist or like to sing, paint, or dance, you will discover how to use these talents to worship God and lead others in worship. There will be three tracks to you can choose from each day:

- Music – learn how to be a part of a worship team, play worship songs, lead people in worship, and discover how God uses music in worship
- Visual Arts – experience sculpting, painting on canvas, photography, and various other forms of art, and learn how they can become a worship experience
- Dance – learn how to use dance in worship and experience a variety of forms including worship dance, movement, flags, etc.

Bobbi Wichterman, North Heights Emerging Generation Worship Director is Camp Director, with other track leaders. Bobbi has a degree in music and youth ministry and a passion to help kids know and experience God through worship.

## TREEHOUSE KIDS ACTING

Tuesday–Friday, Aug 16–19  
10:30 a.m.–12:00 p.m.

Arden Hills Youth Center  
\$20 by August 7, \$25 after August 7  
Completed Grades 3–5

Join the Treehouse Team for a crash course in performance. Learn new skills like clowning, juggling, tumbling, and how to yell at the top of your lungs without hurting your voice. Discover how to create a character, build a script, and dig into scripture. This is a great camp for those who want to try out the stage for the first time, or the veteran thespian (that’s an actor) who wants to improve. This camp will culminate in a showcase performance open to family and friends.

Ed Jenkins, Camp Co-Director, serves as Children’s Ministries Large Group Coordinator, Arden Hills Campus. His passion is to lead kids to Christ in creative, engaging, and sometimes messy ways.

Kevin Whitby, Camp Co-Director, serves as Children’s Ministries Large Group Coordinator, Roseville Campus. He has worked professionally as a clown and in theaters around the Twin Cities for over ten years. He has been involved in theater ministry internationally, performing and teaching.

(Treehouse Drama Team Retreat: August 16–18, for completed grade 6 and older. Get details at NHLC.org).

## PRESCHOOL STORYTIME

Tuesdays, May 17, 24, June 7, 14, 28, and July 12, 19, 26 (no meeting on June 21 or July 5)  
10–10:30 a.m.

Roseville Multipurpose Room  
Free

Preschool children and parents/caregivers/older siblings will enjoy engaging read-aloud stories that teach character qualities interspersed with action songs. Familiar with a wide range of children’s books, the best will be chosen to read during story time.

Doreen Knudson, leader, has served as North Heights Christian Academy librarian for over 19 years. She has a passion to share literature with kids from 2 to 12 years of age.

## TRUE SPORTS BASEBALL

**Pre-Season Practices:** In May—to be announced

Clinics: Mondays & Wednesdays: June 13–July 27, 10:00 a.m.–12:00 p.m.  
Roseville Ball Field

\$95 per player by May 1, \$105 after May 1 (includes coaching, umpires, practice time, games, T-shirt and caps)  
Ages 8–11

The program consists of competitive games, character-building assignments, and visits from Minnesota sports figures. The mission of True Sports Baseball is to encourage young people in the following moral values of truth, responsibility, unity, excellence, self-control, perseverance, obedience, respect, trust, and sacrifice.

Erik Lovdahl, coach, is a former professional pitcher. He is a batting practice pitcher for the Minnesota Twins and the Director of the Minnesota Twins Youth Spring Training Camps.

